

**MORE FOLDERS & INFORMATION**  
**CALL 856-391-1639**  
**Para más folletos e información**  
**Llamar 856-391-1639**

**ORGANIZATION/Organización      PHONE/Teléfono**  
**ALCOHOL AND DRUGS/Alcohol y Drogas**

Cumb. Co. Alcohol & Drug Abuse Services (CCADAS).....	856-451-3727
First Step Clinic .....	856-451-3727
CURA .....	856-696-7335
Hendricks House .....	856-794-2443
Maryville .....	856-690-1000
Mission Teens, Inc. ....	856-691-9855
Seabrook House .....	1-800-582-5968
SODAT of NJ (Teens, Adults & Families) .....	856-935-0441
South Jersey Drug Treatment Center.....	856-455-5441
The Southwest Council.....	856-794-1011
NJ Addiction Hotline (IME).....	1-844-276-2777
ReachNJ.....	1-866-824-2331
Cumberland Cares.....	1-800-236-2448
NJ Connect.....	1-855-652-3737

**ASSISTANCE/Asistencia**

**ASSISTANCE/Asistencia**

Cumberland Co. Bd. of Social Services, Vineland .....	856-691-4600
Casa Prac .....	856-692-2331
Catholic Charities.....	856-691-1841
Gateway Community Action Partnership.....	856-451-6330/856-451-2966
Salvation Army, Bridgeton .....	856-451-0999
Salvation Army, Vineland (Field Office) .....	856-696-5050
Women, Infants and Children Program (WIC) .....	856-451-5600

**FINANCIAL/Asistencia Financiers**

Casa P.R.A.C., Inc. ....	856-692-2331
Cumberland County Department of Social Services .....	856-691-4600
Family Service Association .....	609-569-0239
Money Management International .....	1-866-917-2227
Social Security Administration .....	1-866-837-1235

**FOOD/Comida (Alimentos)**

**Bridgeton -**

Agape Ministries/ Bethany Grace Community Church.....	856-818-3810
Better Tomorrows Food Pantry.....	856-451-0368
Bridgeton Assembly of God .....	856-451-5763
Bridgeton Salvation Army.....	856-451-0999
Bridgeton Baptist Church.....	856-451-1975
Crusaders for Christ Pantry .....	856-451-5601
Manna From Heaven .....	856-455-2772
Open Hearts Parish Ministries .....	856-451-2093
St. Vincent de Paul/ Parish of the Holy Cross.....	856-451-6472
St. Andrew's Episcopal Church.....	856-451-3233
Union Baptist Church.....	856-451-1970
West Park United Methodist Church .....	856-451-6363

**Millville -**

Angel Food Ministries .....	856-327-2222
Bethel AME Church .....	856-327-1215
Help & Hope Ministries/1st United Meth. Ch. of Mlv.....	856-825-2375
St. Vincent de Paul/ Parish of All Saints.....	856-825-0021
Trinity United Methodist Church Project Nurture.....	856-825-0076

**Vineland -**

Casa P.R.A.C., Inc. ....	856-692-2331
Catholic Charities.....	856-691-1841
Chestnut Assembly of God.....	856-691-1205 x124 or x125
Greater Deliverance Church .....	856-794-4844
Haven of Vineland/ Ramoth Church.....	856-696-4380
Heavenly Food Pantry .....	856-696-4456
Life on the Vine Fellowship .....	856-696-3604
Pathstone Corp. ....	856-696-1000
Rock of Salvation .....	856-794-8898
Salvation Army .....	856-696-5050
Spirit and Truth Ministries .....	856-692-2603
St. Vincent de Paul/ Christ the Good Sheppard Parish.....	856-691-2400
Vineland Salvation Army .....	856-696-5050

**Commercial Twp.-**

Commercial Twp. Community Food Pantry .....	856-327-7810
Faith Tabernacle Church .....	856-785-2755

**Cedarville-**

Lawrence Twp. Free Commodities .....	856-367-1833
New Hope Baptist Church .....	856-457-1344

**Seniors & Disabled-**

CC Congregate Nutrition Program for the Elderly.....	856-453-2213
Bridgeton .....	856-455-4323
Commercial Twp .....	856-785-9817
Deerfield Twp .....	856-455-6902
Lawrence Twp .....	856-447-1000
Maurice River Twp .....	856-785-0325
Millville .....	856-825-8779
Upper Deerfield Twp .....	856-451-5649
Vineland .....	856-692-8289
Meals on Wheels .....	856-453-2159

**HOUSING / HOMELESS / Alojamiento / Falta de Albergue**

AHOME .....	856-293-0100
Bridgeton Housing Authority .....	856-451-4454
Center for Family Services (SERV).....	1-800-225-0196
Code Blue Warming Ctr. (Bridgeton, Millville, Vineland).....	1-888-410-3973
Cumberland Co. Div. of Social Services, Vineland .....	856-691-4600
Cumberland Co. Div. of Homeless .....	856-453-2171
Cumberland Family Shelter .....	856-825-3144
Family Promise Shelter Care.....	856-740-4212
Farmer's Home Administration (USDA).....	856-205-1225
Gateway Community Action Partnership.....	856-451-2966
Habitat for Humanity .....	856-563-0292
M25 Housing First Initiative .....	1-844-M25-HOPE
Millville Housing Authority .....	856-825-8860
NJ Dept. of Community Affairs, Section 8 Housing.....	856-453-3820
Rural Development Corporation.....	856-327-3145
The Guidance Center .....	856-825-6810
Vineland Housing Authority .....	856-691-4099

**HOME SAFETY EVALUATIONS/Evaluaciones de Seguridad en el Hogar**

Bridgeton Housing Rehabilitation Office .....	856-455-3230
Millville Housing Rehabilitation Office .....	1-856-825-7000, x 7287
Vineland Housing Rehabilitation Office .....	856-691-4099

**DISASTER RELIEF/Ayuda en Casos de Desastres**

American Red Cross.....	609-646-8330
CONTACT Helpline .....	Toll Free 1-877-266-8222
Salvation Army, Bridgeton .....	856-451-0999
Salvation Army, Vineland .....	856-696-5050

**LEGAL/Asistencia Legal**

NJ Division of Consumer Affairs .....	856-691-0494 or 1-800-242-5846
South Jersey Legal Services.....	1-800-496-4570
Cumberland Cty Bar Association .....	856-696-5550
Cumberland Cty Of. Public Defender .....	856-453-1568

**COUNSELING/SUPPORT GROUPS/**

**Grupos de Consejería y Apoyo**

**BEREAVEMENT/Para personas que han perdido seres queridos**

Inspira Health Network .....	1-800-INSPIRA
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## SEXUAL ASSAULT/Asalto Sexual

Domestic Violence – SERV ..... 1-800-225-0196  
National Human Trafficking Resource Center ..... 1-888-3737-8888

## SPIRITUAL/Ayuda Espiritual

*Check with your local religious institution*

MK Family Resource Center ..... 609-970-5479

## CRISIS INTERVENTION/Intervención en Casos de Crisis

Family Crisis Intervention Unit (Mobile Response)..... 1-877-652-7624  
Nat'l Alliance on Mental Illness (NAMI) C.C..... 856-305-5486  
Sexual Assault Hotline ..... 1-800-225-0196  
The Guidance Center ..... 856-455-5555  
NJ Self Help Clearing House ..... 1-800-367-6274/201-265-9053 TDD  
The Southwest Council..... 856-794-1011

## SENIOR SUPPORT SERVICES/Servicios de Apoyo para Ancianos

Office on Aging & the Disabled, Cumberland County..... 856-453-2220

## DISABILITIES/Incapacidades

### BLIND AND VISUALLY IMPAIRED/Impedimentos de la Visión y Ciegos

Margaret Winchester Enrichment Center ..... 856-451-5623  
NJ Library Talking Book & Braille Center ..... 1-800-792-8322

### DEAF AND HEARING IMPAIRED/Impedimentos de la Audición y Sordos

Canine Hearing Companions ..... 856-696-3668  
www.chcheardogs.org ..... 1-800-792-8339

### DISABLED/Incapacitados

ARC of Cumberland County ..... 856-691-9138  
Cumberland Co. Bd. Of Social Services, Vineland ..... 856-691-4600  
Cumb. Co. Health Dept. Special Child Svcs. .... 856-327-7602, Ext. 7132  
Cumberland Co. Office for the Disabled ..... 856-453-2220  
Inspira Health Network Home Care & Hospice Care..... 1-888-628-7900  
NJ Div. of Vocational Rehabilitation Svc./Workforce NJ..... 856-453-3888  
Personal Assistance Service Program..... 856-453-2220  
Shirley Eves Developmental and Therapeutic Center..... 856-825-5840  
Social Security ..... 1-866-837-1235

### Learning Disabilities/Incapacidades de Aprendizaje

Child Development/Early Intervention Ctr. (Ages 3-21)..... 856-507-2721

## EDUCATION/Educación

### EDUCATION/Educación

Cumb. Co. Superintendent of Schools (for children)..... 856-453-0422

### SPECIAL EDUCATION/Educación Especial

Cumb. Co. Superintendent of Schools/Child Study..... 856-451-0211Ext. 22  
Creative Achievement Academy..... 856-691-6667  
Cumb. Co. Health Dept., Special Child Svcs..... 856-327-7602Ext. 1132  
Cumb. Co. Technical Education Center ..... 856-451-9000  
Pineland Learning Center ..... 856-378-5020  
Statewide Parent Advocacy Network (SPAN)..... 1-800-654-7726

### COMMUNITY EDUCATION/Educación de la Comunidad

Casa P.R.A.C. Tutoring for Spanish Speaking Gr. K-7..... 856-692-2331  
Cumberland County College ..... 856-691-8600  
Educational Information & Resource Center (EIRC) ..... 856-582-7000  
Perfil Latino TV ..... 856-825-0654

### ADULT EDUCATION/ Educación para Adultos

CC Ctr for Economic & Workforce Development... 856-696-5660/856-451-8920  
Cumberland County College (CC. Literacy Institute)..... 856-691-8600  
Cumberland County Technical Education Ctr. (TEC)..... 856-451-9000  
Gateway CAP (Literacy Volunteers of Salem/Cumb.)..... 856-497-6645  
Millville Adult Education ..... 856-327-6037  
Vineland Adult Education (Evening hrs only) ..... 856-794-6943 ext. 349

### Youth EDUCATION/Educación para Jóvenes

Cumberland County Technical Education Center (TEC)..... 856-451-9000  
Rutgers Cooperative Extension..... 856-451-2800  
NJ Youth Corps Program ..... 856-794-6943 Ext. 3883

### HEALTH EDUCATION/Educación sobre la Salud

American Heart Association ..... 609-208-0020  
Cumb. Co. Alcohol & Drug Abuse Services/First Step..... 856-451-3727  
Cumberland Co. Health Department ..... 856-327-7602

Cumberland Co. Mental Health and AddictionsBoard ..... 856-459-3080  
FamCare, Inc..... 856-451-3339  
Gateway WIC ..... 856-451-5600  
Services Empowering Rights of Victims (SERV) ..... 1-800-295-0196  
The Southwest Council ..... 856-794-1011  
Vineland Health Department ..... 856-794-4131

## EMPLOYMENT/Empleo

### JOB TRAINING/Entrenamiento para Empleo

Cumberland County College ..... 856-691-8600  
CC Ctr for Workforce & Economic Development.... 856-696-5660/856-451-8920  
Cumberland County Technical Education Center (TEC)..... 856-451-9000  
NJ State Employment Service ..... 856-696-6675  
Path Stone (formerly Rural Opportunities) ..... 856-696-1000

### JOB TRAINING FOR SENIORS/Entrenamiento de Empleo para Ancianos

Experience Works ..... 856-794-5896  
RSVP for Seniors ..... 856-691-1328

### STAFFING AGENCIES/Agencias de Empleo

The Protocol Group ..... 856-696-1080  
The Davis Companies ..... 856-507-9799  
People Ready ..... 856-696-1700  
On Time Staffing ..... 855-866-2910  
Accu Staffing ..... 856-794-8282  
Manpower ..... 856-691-8500  
Lyneer Staffing ..... 609-503-4647  
One Stop Career Center ..... 856-696-6600  
Pathstone ..... 856-696-1000

## FAMILY ASSISTANCE / Asistencia a Familias

Family Service Association ..... 609-569-0239  
Monarch Family Success Center (Vineland)..... 856-507-7840  
Forrest Lakes Family Success Center (Commercial Twp)..... 856-413-5494  
Holly City Family Success Center (Millville)..... 856-785-0205  
Greater Bridgeton Family Success Center (Bridgeton)..... 856-451-1133  
Casa P.R.A.C. .... 856-692-2331  
Daniel's Den Community Center..... 856-457-7360  
Stronger Families (Bridgeton) ..... 856-453-4913

### CHILDCARE INFORMATION/Información Cuidado de Niños

Rutgers Resource & Referral Services..... 856-469-6100

### CHILDREN PROTECTIVE SERVICES/Servicios Protección a Niños

Div. of Child Protection & Permanency (DCPP) Vineland..... 856-696-9850  
DCPP – Rest of County (Bridgeton- Cumberland West)..... 856-575-5523

### CHILD ABUSE AND NEGLECT/Abuso y Negligencia de Menores

Division of Child Protection and Permanency ..... 1-877-NJ-ABUSE

### COMMUNITY EDUCATION AND PREVENTION

Cumberland County Sexual Assault Program (SERV)..... 1-866-295-7378

### ADULT PROTECTION SERVICES/

#### Servicios de Protección a Adultos

CC Office of Aging & Disabled..... 856-453-2223  
NJ Ombudsman Office for Institutionalized (elderly)..... 1-877-582-6995

### PARENTING SKILLS/Destrezas para Padres

Cornerstone Pregnancy Center ..... 856-453-0030  
FamCare, Inc. ...Bridgeton 856-451-3339 ... Glassboro 856-881-9531  
IMPACT – Teen Parenting Program (Vld)..... 856-794-6700 opt. 2 x 6654  
Robins' Nest Healthy Families ..... 856-881-8689

## HEALTH & MEDICAL CARE/Cuidado Medico y de Salud

### DENTAL CARE/Cuidado Dental

CompleteCare Dental Program..... 856-794-7170  
Gateway CAP Toothmobile ..... 856-392-5421/856-451-6330

### FAMILY PLANNING/Planificación familiar

FamCare, Inc. .... 856-794-1235

### HOSPICE/Hospicio

Holy Redeemer Homecare and Hospice ..... 1-800-255-8986  
Hospice Care Inspira Health Network..... 1-888-628-7900 or 856-878-6000

### GENERAL HEALTH CONCERNS/

#### Preocupaciones sobre la Salud en General

CompleteCare ..... 856-451-4700  
 Cumberland County Department of Health ..... 856-327-7602  
 Vineland Health Department ..... 856-794-4131

**HOSPITAL/Hospitales**

Bridgeton Health Center ..... 856-575-4500  
 Inspira Health Network - Vineland ..... 856-641-8000

**PRENATAL CARE/Cuidado Prenatal**

Catholic Charities ..... 856-691-1901  
 CompleteCare ..... 856-451-4700  
 Cornerstone Women's Resource Center..... 1-800-395-4357  
 CC Dept. of Health A Better Me..... 856-327-7602  
 Gateway CAP Expectant Families ..... 856-451-6330  
 Gateway WIC ..... 856-451-5600  
 Vineland Health Dept. (Public Health Nursing) ..... 856-794-4000 x 4806

**PRENATAL CARE FOR TEENS/TEEN PREGNANCY/Cuidado Prenatal para Adolescentes/Embarazo de Adolescentes**

Catholic Charities ..... 866-682-2166/Vineland 856-691-5781  
 CompleteCare ..... 856-451-4700  
 Cornerstone Women's Resource Center..... 1-800-395-4357  
 FamCare, Inc. (Teen Pregnancy) ..... 856-451-3361  
 FamCare Inc. (Gynecological) ..... 856-794-1235  
 Gateway WIC ..... 856-451-5600  
 INSPIRA Teen Parenting..... 856-794-6700 x 6654

**PRESCRIPTION MEDICATION ASSISTANCE/Asistencia para Medicamentos Recetados**

Catholic Charities ..... 856-691-1841  
 CompleteCare ..... 856-451-4700  
 Pharmaceutical Assistance to the Aged & Disabled ..... 1-800-791-9745  
 Cumberland County Health Dept. (Prescription) ..... 856-327-7602

**ILLNESS/Enfermedades**

**AIDS/SIDA**

CompleteCare ..... 856-451-4700  
 Holy Redeemer Home Care ..... 1-800-255-8986

**ALZHEIMER DISEASE/Enfermedad de Alzheimer**

Alzheimer's Association ..... 1-800-272-3900  
 Alzheimer's Day Care Center ..... 856-690-0411  
 Cumberland Co. Alzheimer Day Care Center..... 856-455-7339  
 Cumberland Co. Alzheimer's Support Group ..... 856-691-3079

**CANCER/Cáncer**

American Cancer Society, Eastern Division..... 1-800-227-2345  
 Frank & Edith Scarpa Regional Cancer Pavilion ..... 856-641-8670

**HEART DISEASE/Enfermedades Cardíacas**

American Heart Association ..... 609-208-0020

**MENTAL HEALTH/MENTAL ILLNESS/**

**Salud Mental/Enfermedades Mentales**

Psychiatric Crisis Intervention Unit/Mental Health..... 856-455-555  
 CompleteCare ..... 856-451-4700  
 The Guidance Center ..... 856-825-6810  
 Family Support Center (Ctr. For Family Guidance) ..... 856-881-7252  
 Inspira Health Network Behavioral Wellness Center..... 856-507-2730  
 Inspira Health Network Adult Intensive Outpatient (IOP)..... 856-575-4111  
 Inspira Health Network Adolescent IOP/Partial Hosp..... 856-575-4196  
 Inspira Health Network Mental Health Unit, Bridgeton..... 856-575-4160  
 Nat'l Alliance on Mental Illness (NAMI) C.C..... 856-691-9234/ 794-9987  
 New Horizons Self Help Center ..... 856-696-8921  
 The Southwest Council..... 856-794-1011  
 Oaks Integrated Care ..... 1-800-963-3377

**HEALTH AND WELLNESS/Salud y Bienestar**

**CHILD BEHAVIORAL HEALTH/**

**Salud del Comportamiento del Niño**

CGS Family Partnership, Inc. (Care Management) ..... 856-716-2100  
 CompleteCare Health Network ..... 856-451-4700  
 Cumb/Glouc/Salem Family Support Organization (FSO)..... 856-507-9400  
 NJ Children's System of Care – PerformCare ..... 1-877-652-7624  
 Mobile Response & Stabilization Svcs-Robins' Nest..... 1-877-652-7624

**RECREATION AND PARKS/Parques y Recreo**

Cumberland County Recreation Commission ..... 856-453-2184

**WELLNESS PROGRAMS/Programas de Bienestar**

American Heart Association ..... 609-208-0020  
 S.T.E.P.S. for Kids (Obesity Intervention) ..... 856-575-4860  
 ARC of Cumberland County (Healthy Lifestyles) ..... 856-691-9138  
 CompleteCare ..... 856-451-4700  
 Inspira Health Network LIFE Center ..... 1-855-295-5433  
 Jewish Federation of Cumberland County ..... 856-696-4445  
 NJ Quitline for Smokers/Para dejar de Fum ..... 1-866-NJ-STOPS

**RESPITE CARE/Cuidado de Intervalos**

Cumberland County ARC ..... 856-691-9138  
 Inspira Health Network ..... 856-878-6022  
 Shirley Eves Developmental and Therapeutic Center..... 856-825-5840  
 Statewide Respite Care Program, Cumb. Co..... 1-888-628-7900 x86022  
 Gateway Community Action Agency ..... 856-451-6330

**ADULT/Adultos**

Alzheimer's Day Care Center ..... 856-690-0411  
 Community Adult Day Health Facility ..... 856-696-4442  
 Cumberland County Alzheimer's Support Group ..... 856-691-3079  
 Inspira Health Network LIFE (Living Independently for Elders) .... 1-855-295-5433

**MIGRANT SERVICES/**

**Servicios a Trabajadores Agrícolas Migratorios**

CASA Prac..... 856-692-2331  
 Catholic Charities..... 856-691-1841  
 Center for Human Services..... 856-575-0857  
 CompleteCare ..... 856-451-4700  
 Path Stone (formerly Rural Opportunities) ..... 856-696-1000

**SENIORS/Ancianos**

Office on Aging & the Disabled, Cumberland County ..... 856-453-2220  
 Senior Care of Vineland ..... 856-691-3756

**SENIOR SUPPORT SERVICES/Servicios de Apoyo para Ancianos**

Community Adult Day Health Facility ..... 856-696-4442  
 Foster Grandparents..... 856-696-6105  
 NJ EASE ..... 1-877-222-3737  
 R.S.V.P. Retired Seniors Volunteer Program ..... 856-691-1329  
 Vineland Senior Center ..... 856-794-4074

**SENIOR MEDICAL/DAY CARE/ Ancianos con**

**Necesidades Medicas/Cuidado Diurno**

Alzheimer's Day Care Center ..... 856-690-0411  
 Community Adult Day Health Facility ..... 856-696-4442  
 CompleteCare ..... 856-451-4700  
 Cumberland Co Alzheimer Day Care Ctr. (Gateway)... 856-455-7339  
 Inspira Health Network LIFE(Living Independently for Elders)Ctr 1-855-295-LIFE  
 Senior Care of Bridgeton ..... 856-451-7227  
 Senior Care of Vineland ..... 856-691-3756

**NURSING HOMES/Asilos de Ancianos**

Bishop McCarthy Residence ..... 856-692-2850  
 Cumberland Manor ..... 856-455-8000  
 Lincoln Specialty Care Center ..... 856-692-8080  
 Eagleview Health & Rehab ..... 856-451-5000  
 Millville Center Genesis Health Care ..... 856-327-2700  
 SJ Extended Care ..... 856-455-2100

**HOME CARE/HOME HEALTH AIDE/HOMEMAKER SERVICE**

**Cuidado en el Hogar/ Asistente de Salud en el Hogar/Ama de Llaves**

Cuidado Casero Hospice ..... 856-696-5340  
 Griswold Home Care ..... 856-692-8765  
 Holy Redeemer Home Care ..... 856-691-5666  
 Inspira Health Network Help Service ..... 1-888-628-7900  
 Inspira Health Network Home Care & Hospice ..... 856-878-6000  
 Office on Aging and the Disabled, Cumberland Co. ... 856-453-2220  
 Personal Assistance Program ..... 856-453-2220

**ASSISTED LIVING FACILITIES/Facilidades de Vivienda Asistida**

Office on Aging and the Disabled, Cumb. Co. .... 856-453-2220  
 Maurice House ..... 856-776-4581  
 Spring Oak Assisted Living of Vineland ..... 856-507-1505



## TRANSPORTATION/Transportación

### SENIOR/DISABLED TRANSPORTATION/

#### Transportación para Ancianos e Incapacitados

CATS-Cumberland Co. Office on Aging & the Disabled 856-691-7799

### EMERGENCY/MEDICAL TRANSPORTATION/

#### Transportación Medica/Emergencia

EMERGENCY .....Police – Fire – Medical ..... Dial 9-1-1

### NON-EMERGENCY MEDICAL TRANSPORTATION/

#### Transportación Medica (Que No son Emergencias)

Belleplain Rescue ..... 609-861-5250

Millville Rescue Squad ..... 856-825-5063

The Southwest Council..... 856-794-1011

CATS-Cumberland Co. Office on Aging & the Disabled..... 856-691-7799

#### Cumberland County Human Services Transportation Program-

The Southwest Council..... 856-794-1011

## VETERAN SERVICES/Servicios a Veteranos

Catholic Charities Veterans Services..... 856-691-1841 or 856-342-4113

Celebrating Our Veterans ..... 856-327-4142

Cumberland Cty Dept. of Veterans Affairs..... 856-238-6800

NJ Dept. of Military & Veterans Affairs ..... 856-405-4390

NJ Veterans' Memorial Home at Vineland ..... 856-405-4200

Veteran's Multi Service Center..... 856-293-7321

VA Medical Center Cumberland Cty CBOC..... 1-800-461-8262

Veteran's Crisis Line..... 1-800-784-2433

## SUPPORT GROUPS/Grupos de Apoyo

Al-Anon [www.southjerseyal-anon.org](http://www.southjerseyal-anon.org)..... 856-547-0855 / 973-744-8688

Alateen..... 1-800-322-5525

Alcoholics Anonymous ..... 1-800-322-5525

Alcoholics Anonymous(bilingual)..... 856-486-4444

Alzheimer's Association ..... 1-800-272-3900

Alzheimer's Disease Support ..... 856-691-3079

Adults Living with a Loss..... 856-794-1515

Arthritis Support Group..... 856-696-3924

Bariatric Support Groups ..... 856-641-8398

Breast Cancer Bridge Program ..... 856-641-7974/856-363-1514

Breast Cancer Support Group ..... 609-463-4043

Brain Injury Association-NJ..... 856-696-7100 x. 224

Caring for You, Caring for Me ..... 609-463-4043

Cancer Resource Center..... 856-641-7535

Caregivers Support Group..... 856-818-6035

Children Living with a Loss..... 856-794-1515

Co-Dependents Anonymous..... 856-453-0888

Depression Support Group ..... 856-825-3521

Diabetes Support (Adult) ..... 856-641-7542

Divorce Care..... 856-697-3384

Grief Support ..... 856-575-4277

Heart & Lung Support Group ..... 856-641-7537/856-641-7570

Helping Hands (Infant loss & miscarriage support)..... 856-507-2768

Inspira Health Network: ..... 856-575-4430

Intensive Family Support ..... 856-825-6810 x 286

Infertility Discussion Group for Women..... 856-507-2768

Nat'l Alliance on Mental Illness (NAMI Cumberland)... 856-691-9234/ 794-9987

Narcotics Anonymous (NA) ..... 1-800-992-0401

Nar-Anon Family Group..... 1-800-484-7385 or 609-587-7215

New Horizons: Mental Health Support ..... 856-696-8921

NJ Child Assault Prevention Network ..... 856-696-0921 or 856-241-4395

NJ Mental Health Cares ..... 1-866-202-HELP(4357)

New Jersey Self-Help Group Clearinghouse ..... 1-800-367-6274

OCD Family Support Group ..... 856-853-2011

Parenting Support Group ..... 856-641-7538

Pink Rose, Inc. (Young Women, 12-18 years) ..... 856-455-2099

Prostate Cancer Support "Man to Man"..... 856-575-4430

Senior Classes Inspira Health Network..... 856-575-4214

South Jersey A.I.D.S. Alliance..... 1-800-281-2437

Tourette Syndrome Family Support ..... 908-575-7350

## VOLUNTEER OPTIONS/

### Opportunities para voluntarios

American Cancer Society ..... 1-800-227-2345

American Red Cross ..... 609-646-8330

Bethel AME Church Soup Kitchen ..... 856-327-9092

Big Brothers Big Sisters of Cumberland and Salem Co..... 856-692-0916

Casa P.R.A.C., Inc. .... 856-692-2331

Catholic Charities ..... 856-691-1841

Choices of the Heart – Women's Resource Center ..... 856-374-2445

Cornerstone Women's Resource Centers ..... 856-453-0030

Court Appointed Special Advocates (CASA) ..... 856-459-0061

Cumberland County Division of Homeless ..... 856-459-3075

Cumberland County Guidance Center ..... 856-825-6810

Cumberland County Office of Emergency Management..... 856-455-8770

CC Office on Aging and Disabled/Meals on Wheels/Home Delivered

Meals/R.S.V.P. .... 856-453-2220

CC Sheriff's Department – Special Services ..... 856-451-4449 ext. 123

Eagleview Health and Rehab ..... 856-451-5000

Education Info. & Resource Ctr. (EIRC)..... 856-582-7000

Family Court – Juvenile Intake Unit ..... 856-453-4558

Family Support Organization ..... 856-507-9400

Family Success Centers-

Monarch Family Success Center (Vineland)..... 856-507-7840

Forrest Lakes Family Success Center (Commercial Twp)..... 856-413-5494

Holly City Family Success Center (Millville)..... 856-785-0205

Greater Bridgeton Family Success Center (Bridgeton)..... 856-451-1133

Foster Grandparents Program/Sr. Companion Program..... 856-696-6105

Gateway Community Action Partnership ..... 856-451-6330

Gateway CAP Head Start..... 856-451-6330

Genesis Health Care Millville Center ..... 856-327-2700

Hemophilia Association of NJ ..... 732-249-6000

Inspira Health Network..... 856-853-2034

NJ Division of Consumer Affairs ..... 973-504-6374

NJ Division of Disability Services ..... 1-888-285-3036

NJ Coalition Against Human Trafficking..... 201-903-2111

Office of Victim/Witness Advocacy ..... 856-451-3177

Ranch Hope (Youth Care Program) ..... 856-935-1555

Parish of the Holy Cross ..... 856-455-2323

Path Stone ..... 856-696-1000

Seabrook House ..... 856-455-7575

Shirley Eves Developmental & Therapeutic Ctr. .... 856-825-5840

Southwest Council-Alcohol/Tobacco/Drug Services..... 856-794-1011

Tiny Tim Fund, Inc. .... 856-691-3934

United Way of Greater Cumberland County ..... 856-205-1800

Vineland YMCA ..... 856-691-0030

The Women's Center..... 609-601-9925

## HOTLINES

Addictions Hotline of NJ..... 1-800-238-2333

ALANON, Southern NJ ..... 856-547-0855

Alcoholics Anonymous ..... 856-486-4444

Autism NJ ..... 1-877-914-MOM2

Child Protection & Permanency ..... 1-877-652-2873

Cyber Tipline [www.MissingKids.com](http://www.MissingKids.com)..... 1-800-843-5678

Disaster Mental Health Helpline ..... 1-877-294-HELP

Domestic Violence, Cumb. Co..... 856-691-3713 / 1-800-225-0196

Family Healthline ..... 1-800-328-3838

Gay & Lesbian National Help Center..... 1-888-843-4564

Mobile Response & Stabilization Service ..... 1-877-652-7624

Mental Health Cares ..... 1-866-202-HELP

Narcotics Anonymous ..... 1-800-992-0401

National Runaway Switchboard ..... 1-800-786-2929

National Youth Crisis Hotline ..... 1-800-442-HOPE

NJ Center for Outreach & Services for Autism..... 1-800-4AUTISM

NJ EASE Senior Services Helpline ..... 1-877-222-3737

NJ Quitline for Smokers ..... 1-866-NJ STOPS

NJ Addiction Hotline (IME)..... 1-844-276-2777

ReachNJ..... 1-866-824-2331

Cumberland Cares.....	1-800-236-2448
NJ Connect.....	1-855-652-3737
Performcare.....	1-877652-7624
Non-Emergency Information... www.nj211.org .....	1-877-NJ2114U
Parents Anonymous/Family Helpline .....	1-800-843-5437
Poison Control/Control de Envenenamiento .....	1-800-222-1222
Postpartum Depression .....	1-800-773-6667
Psychiatric Crisis Intervention Unit .....	856-455-5555
Veterans Crisis Line.....	1-800-784-2433
2 <sup>nd</sup> Floor Youth Helpline.....	1-888-222-2228
National Human Trafficking Resource Center.....	1-888-373-7888
Domestic/Sexual Violence & Human Trafficking.....	1-800-286-4184
Safe Syringe Disposal Program .....	609-653-3612
Social Security .....	1-866-837-1235
Spanish Hotline .....	1-800-784-2432
Statewide Alzheimer Disease Hotline .....	1-800-424-2494
Statewide Domestic Violence .....	1-800-572-SAFE
Suicide Prevention Lifeline.....	1-800-273-TALK
Teen Pregnancy Hotline .....	1-800-THE-KIDS
Code Blue Warning Ctr. (Bridgeton, Millville, Vineland) .....	1-888-410-3973

**NJ Department of Human Services /  
Department of Children and Families**

Adoption Information .....	1-800-99-ADOPT
Catastrophic Illness in Children Relief Fund .....	1-800-335-FUND
Child Abuse Hotline .....	1-877-652-2873
Child Care Helpline .....	1-800-332-9227
Child Support Hotline .....	1-877-655-4371
Commission for the Blind and Visually Impaired.....	856-482-3700
Domestic Violence .....	1-800-572-7233
Safe Haven for Infants .....	1-877-839-2339
Divisions –	
Child Protection & Permanency Office of Advocacy.....	1-800-331-3937
DCCP (Protection & Permanency) .....	1-877-NJ-ABUSE
Deaf and Hard of Hearing .....	1-800-792-8339
Developmental Disabilities .....	1-800-832-9173
Disability Services .....	1-888-285-3036
Family Development .....	1-800-792-9773
Mental Health & Addiction Services .....	1-800-382-6717
Family Helpline (for stressed parents) .....	1-800-THE-KIDS
Food Stamps(SNAP) .....	1-800-792-9773
Foster & Adoptive Family Services.....	1-800-222-0047
Foster Care Information .....	1-877-NJ-FOSTER
Good Neighbors – Community Living For	
People with Disabilities .....	1-877-DHS-LINE
Medicaid Fraud and Abuse Hotline .....	1-888-937-2835
Medicaid Medical Assistance .....	1-800-356-1561
NJ FamilyCare Health Insurance .....	1-800-701-0710

**YOUTH DIRECTORY**

**Youth Resources/Recursos para Jóvenes:**

Bethel Development Corporation .....	856-327-9092
Big Brothers Big Sisters of Cumberland and Salem Co. ....	856-692-0916
Boys & Girls Club of Vineland .....	856-696-4190
Boy Scouts & Cub Scouts .....	856-327-1700
CASA (Court Appointed Special Advocates) Bridgeton.....	856-459-0061
Casa PRAC, Inc. ....	856-692-2331
Cumberland County Guidance Center .....	856-825-6810
Cumberland Empowerment Zone (21 <sup>st</sup> Century CLC).....	856-825-3700
Daytop, NJ.....	856-358-4111
4-H Youth Development Program, Rutgers (Cumb. Co.).....	856-451-2800
Family Support Organization .....	856-507-9400
Family Success Centers-	
Gateway FSC (Bridgeton) .....	856-451-1133
Forrest Lakes FSC I & II (Commercial Township).....	856-413-5494
Holly City FSC (Millville) .....	856-765-0205

Monarch FSC (Vineland) .....	856- 507-7840
Gateway Community Action Partnership (Bridgeton).....	856-451-6330
Girl Scouts of Central / Southern NJ .....	856-697-3900
Missionettes .....	856-825-0055
Municipal Alliances-County Coordinator.....	856-459-3082
Pathstone, Inc.....	856-378-7876
PerformCare .....	1-877-652-7624
Police Athletic League (PAL)	
Bridgeton.....	856-451-0033 x 2002
Millville.....	856-293-1497
Vineland.....	856-563-5387
Ranch Hope, Camp Edge .....	856-935-1555 x 172
Rehabilitative Adolescent Program, LLC .....	609-704-5383
Renewed Minds .....	856-213-5263
Royal Rangers .....	856-825-0055
Robin's Nest .....	856-589-0046
Salvation Army .....	856-696-5050/856-696-5151
Sheriff's Explorers .....	856-451-4449 x 138
Shine Ministries (Grades 2-9, Millville).....	856-825-2329
South Jersey Youth Alliance (Vineland) .....	1-888-480-7592
Sexual Assault Program (SERV) .....	1-800-225-0196
School-Based Youth Service Programs	

CompleteCare .....	856-453-1233
Bridgeton High School Teen Center.....	856-451-4440
CRHS Colt Connection .....	856-451-9400x 279
Kids' Center, Downe Twp. Elem. Sch.....	856-447-3227
Kids' Corner, Broad Street School.....	856-453-1233
Inspira Health Network IMPACT	
Millville High School (LINK) .....	856-327-6040 x 2905
Vineland High School (RAFT) .....	856-794-6800 x 2550
Wallace Middle School .....	856-794-6700 x 2655
Teen Program .....	856-794-6700 x 6647
SODAT .....	856-453-5713
Steered Straight – Gang Prevention & Intervention.....	856-691-6676
The Southwest Council, Inc./CCHCC Youth Network.....	856-794-1011
Youth Advocate Programs, Cumberland County .....	856-691-1540

**LGBTQ**

Gay Lesbian Straight Education Network (GLSEN) .....	<a href="http://www.glsen.org">www.glsen.org</a>
GLBT Hate Crimes Hotline .....	1-800-686-HATE
GLBT National Youth Talkline .....	1-800-246-7743
High School Gay Straight Alliance Clubs (GSA) .....	Contact High School Guidance Dept.

**Teen Pregnancy Prevention/Pre-Natal Care/Parenting/  
Prevención de Embarazos en Adolescentes/Cuidado  
Prenatal/Buena Crianza de Niños:**

CompleteCare Health Network .....	856-451-4700
Cornerstone Women's Center .....	856-453-0030
Cumb Cty Dept of Health "A Better Me" .....	856-327-7602
Inspira Health Network IMPACT Programs	
Child Care .....	856-285-7714
Teen Parenting.....	856-794-6700 x 6654
Health Center .....	856-794-6700 x 6654
FamCare, Inc.....	856-794-1235
Education Dept.....	856-451-3339
Robins' Nest Healthy Families .....	856-881-8689
Nurse-Family Partnership .....	856-881-8689 x 124

## **WEB SITES**

Cumberland County Website

[www.co.cumberland.nj.us](http://www.co.cumberland.nj.us)

Cumberland County Health Department

[www.cshealth.org](http://www.cshealth.org)

Cumberland Gloucester & Salem County Resource Net

[www.csresourcenet.com](http://www.csresourcenet.com)

Aunt Bertha Resource Net

[www.CumberlandNJ.Auntbertha.com](http://www.CumberlandNJ.Auntbertha.com)

Reach NJ- Addiction Support

[www.ReachNJ.gov](http://www.ReachNJ.gov)

Narcotics Anonymous

[www.csascna.org](http://www.csascna.org)

Autism Speaks

[www.autismspeaks.org](http://www.autismspeaks.org)

U. S. Dept. of Children & Families

[www.state.nj.us/dcf/](http://www.state.nj.us/dcf/)

U. S. Dept. of Health and Human Services

[www.dhhs.gov](http://www.dhhs.gov)

National Mental Health Information Center

[www.selfhelpgroups.org](http://www.selfhelpgroups.org)



**Cumberland County Human Services**  
**70 W. Broad Street**  
**Bridgeton, NJ 08302**  
**856-459-3081**

# HELP/

# AYUDA

Editor's Note: The listings provided here are subject to change as agency staff, telephone numbers, programming, hours of operation, and funding may necessitate. The HSAC does not endorse these services nor accept responsibility for incorrect listings; any relevant omissions were not intentional.

Readers: In order to keep this directory up-to-date, please call 856-4593081 with any additional information, corrections and/or deletions. Please feel free to leave a voicemail. Changes will be made and posted on Cumberland County's website, as well as the next printed edition.

– **The Human Services Advisory Council**

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Other materials available through Human Services can be found on the Cumberland County website under "Guides and Directories" at:  
<http://www.co.cumberland.nj.us/content/173/251/759/4475.aspx>