

AN URGENT MESSAGE FROM THE CUMBERLAND COUNTY BOARD OF CHOSEN FREEHOLDERS

CUMBERLAND COUNTY: LET'S PULL TOGETHER TO HALT THE CORONAVIRUS BY STAYING APART.

MESSAGE FROM FREEHOLDER DIRECTOR JOSEPH DERELLA :

THE CORONAVIRUS IS RAPIDLY SPREADING THROUGHOUT NEW JERSEY. EVERYONE MUST DO THEIR PART TO HALT THE SPREAD OF THE DISEASE. I URGE EVERYONE TO TAKE THIS VIRUS VERY SERIOUSLY. IT IS NOT THE FLU! CORONAVIRUS IS EXTREMELY CONTAGIOUS AND LIFE THREATENING FOR THE ELDERLY AND THOSE WITH UNDERLYING HEALTH CONDITIONS. YOU MAY BE HEALTHY AND EXPERIENCE NO OR MILD SYMPTOMS, BUT YOU MAY SPREAD IT TO OTHERS. DON'T BE A CARRIER AND THE CAUSE OF SOMEONE ELSE'S ILLNESS.

DIRECTOR JOSEPH DERELLA

DEPUTY DIRECTOR DARLENE BARBER

FREEHOLDER CAROL MUSSO | FREEHOLDER GEORGE CASTELLINI

FREEHOLDER JAMES F. QUINN | FREEHOLDER JACK SURRENCY

FREEHOLDER DOUGLAS ALBRECHT

Current Testing Recommendations for COVID-19: Not Everyone Is Being Tested and Here Is Why

Coronavirus/COVID-19 has been declared a global pandemic by the World Health Organization (WHO).

Due to the global pandemic, supplies are limited, including test kits.

NEW JERSEY DEPARTMENT OF HEALTH TESTING GUIDELINES

Signs + Symptoms	&	Risk Factors	Test
Fever OR signs/symptoms of lower respiratory illness (cough or shortness of breath)	AND	Any person, including healthcare workers with close contact of a laboratory-confirmed COVID-19 patient within 14 days of symptom onset	Y E S
Fever AND signs/symptoms of lower respiratory illness (cough or shortness of breath) requiring hospitalization	AND	A history of travel from affected geographic areas within 14 days of symptom onset	
Fever with severe acute lower respiratory illness (pneumonia, ARDS) requiring hospitalization and without alternative explanatory diagnosis (influenza)	AND	No source of exposure has been identified	

Currently, there is no specific treatment for COVID-19, but recommendations are the same regardless of test results

IF YOU ARE SICK:

- SELF-ISOLATE, stay home and separate yourself from other people in your home
- AVOID sharing personal household items
- HAVE enough supplies for 14 days
- WASH your hands often

Testing must be ordered through a primary care physician.

- Testing is NOT RECOMMENDED for those without symptoms
- Those with mild symptoms that are not tested, follow physician recommendations

SYMPTOMS of COVID-19 include:

- FEVER
 - COUGH
 - SHORTNESS OF BREATH
- If your symptoms worsen, seek medical attention, but call ahead first

The Cumberland County
Department of Health Hotline:

(856) 327-7090

The City of Vineland
Health Department Hotline:

(856) 405-4603