






## WHAT'S COOKING?

**453-2159 (Meals on Wheels)**

**Month May 2012**

**453-2159 (Luncheon Sites)**

	<b>Week of: 4/30</b>	<b>Week of: 5/7</b>	<b>Week of: 5/14</b>	<b>Week of: 5/21</b>	<b>Week of: 5/28</b>
	<b>Mon</b> Spaghetti, meatballs, grated cheese & extra sauce Green beans Tomato & tossed salad w/Italian dressing Seedless Italian bread Fruit cocktail	Barbecue rib patty Carrot raisin salad Au-gratin potatoes Corn muffin Watermelon or cantaloupe	Pasta primavera w/white sauce & chicken Tomato & tossed salad w/ranch dressing Whole wheat bread Ice cream (Cong) Pineapple (MOW)	Open face turkey sandwich with gravy on white bread Mashed potatoes Green beans Cinnamon applesauce	Closed, Memorial Day
	<b>Tues</b> Hoagies on torpedo roll with onions & peppers Individual juice Macaroni salad Chocolate pudding	Baked chicken w/gravy Mashed potatoes Seasoned carrots Whole wheat bread Tropical fruit salad	Sliced turkey ham Sweet potatoes Broccoli Whole wheat bread Pears	Chicken salad sandwich on whole wheat bread Lettuce, tomato & mayo Carrot/raisin salad Pine colada	Roast beef w/gravy Mashed potatoes Cucumber salad Whole wheat dinner roll Fruited jello (MOW) Ice cream (Cong)
	<b>Wed</b> Pizza (Cong) Parmesan chicken (MOW) Zucchini (MOW) Tomato & salad w/Italian dressing Torpedo roll (MOW) Rice pudding	<b>Mother's Day Special</b> Quiche Lorraine Green bean vinaigrette Salad w/tomato & French dressing Dinner roll Fresh fruit combo	<b>Pajama Party</b> Fried chicken Roasted parsley potatoes Cucumber, tomato salad Corn muffin Fresh fruit combo	Turkey hoagie on torpedo roll Cole slaw Sponge cake (MOW) Sherbet ice cream (Cong)	Cottage cheese Lettuce & mixed fruit Green bean vinaigrette Salad Whole wheat bread Pound cake
	<b>Thurs</b> Egg salad sandwich on rye bread Lettuce, tomato & mayo Tri-colored pasta salad Pears	Meatloaf w/brown gravy Parsley mashed potatoes Pickled beets Whole wheat bread Mandarin orange sections	Baked fish w/tartar sauce Stewed tomatoes Scalloped potatoes Wheat roll Lemon pudding	Hot dog with sauerkraut, mustard on hot dog roll Barbecue baked beans Tomato & tossed salad with French dressing Yogurt	Chicken Hunter Scalloped potatoes Peas Whole wheat bread Fruit in season
	<b>Fri</b> Oven baked chicken Potato salad Creamed spinach Rye bread Peaches	Tuna fish sandwich on rye bread Lettuce, tomato & mayo Green vinaigrette bean Lemon pudding	Turkey ham & cheese sandwich on wheat bread Lettuce, tomato & mayo Three bean salad Fruit cocktail	Pork loin with brown gravy Mashed potatoes Snap peas or peas Whole wheat bread Ambrosia	Seafood salad w/lettuce Tomato salad Rye bread Tropical fruit salad